

DECEMBER

THEME: DEEPEN



We are here to gather
and here to tend,
we are here to recollect ourselves,
to deepen into the heart
and strengthen into trust.
We are here
to choose with care
and act with love.
We are here
to be here
in this soft and fierce reclamation
of our own lives.

AFFIRMATION: I DEEPEN INTO TRUST

BASIC MONTHLY RITUAL

- Choose a rune or a word to guide the month (optional: ink it or glue it onto the goddess on the monthly snapshot card).
- Watch the month's practice video (optional: fill out the monthly worksheet).
- Light a candle.
- Lie on the floor, close your eyes, rest one hand on your belly and one on your heart. Listen.
- Step outside. Learn from where you are.
- Offer the prayer from the month's primary snapshot card.
- Do the monthly card layout.
- Optional: throughout the month, continue a simple ritual of lighting a candle and offering a prayer or repeating the month's affirmation.

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Remember that one
of our promises to keep
can be to grant ourselves grace.
Also remember that
honoring our own word,
treating our self-commitments
as worthy of time,
practicing our promises
and living our vows,
is how we grow trust in ourselves,
how we deepen into faith,
and extend into magic.

QUESTIONS TO CONSIDER

- What is the landscape teaching me right now? What do I see right where I am?
- What is my deepest magic?
- How am I making things hard? How can I keep it Simple and Sacred?
- What if I give myself what it is I need or crave? What if I actually let myself have what I want?
- How might I deepen into trust?
- What does the Crone of Winter have to teach me?
- What am I neglecting that needs a little care and attention?