



Offering plate I painted



Lammas Altar in a cup



Lughnasadh Altar

Golden Lion Anointing Oil for Lughnasadh

2 drops Frankincense-Base
6 drops Geranium-Middle
2 drop Pettigrain-Top
3 drop Lime-Top
2 drop Sweet Orange-Top

Place 3 Tiger eye crystals in the bottle and then mix the oils with 1 t of Almond Oil. Good to use at Lammas or in August, since it combines Leo and Sun energies. Put on Flower of Life grid on top of Holly and place a Scapolite stone on top of the bottle. Place Sunstone and Honey Calcite in the Merkaba shape and activate the grid.

Lughnasadh/Lammas Oils

Lughnasadh Oil

2 parts lime oil
2 parts cinnamon oil
2 parts sandalwood oil
1 part clove oil
1 part frankincense oil

Mix well and bottle. Use in Lughnasadh/Lammas rituals.

Lammas Oil #2

Ingredients:

1/4 dram thyme oil
1/2 dram cinnamon oil
1/4 dram rose oil
1/2 dram gardenia oil
2 - 3 drops allspice oil

Mix well and bottle. Use in Lughnasadh/Lammas rituals.

Lammas Oil #3

Ingredients:

- 2 tsp. wheat germ oil
- 6 drops frankincense oil
- 2 drops clary sage oil
- 1 drop rose oil
- Sunflower oil to make 2 TB.

Mix well and bottle. Use in Lughnasadh/Lammas rituals.

Leo Oil #1

To 2 ounces of base oil add 2 tablespoons of any of the following herbs: red sandalwood, frankincense, camphor, cassia, clove, goldenrod, greater celandine, eyebright, and goats rue, and chamomile, sunflower. Steep one moon cycle or for 12 - 24 hrs. on low in a slow cooker. If stronger scent is desired, remove herbs and repeat. Crack in 2 vitamin E capsules if preservative is desired. This is a good oil to use in rituals done during the zodiac sign of Leo.

Leo Oil #2

Ingredients:

- 3 drops Pettigrain
- 1 drop Orange
- 1 drop Lime

This is a good oil to use in rituals done during the zodiac sign of Leo or wear as personal oil to increase your own powers.

Leo Zodiac Oil Blend

color - orange yellow

Ingredients:

- frankincense (main)
- sandalwood (minor)
- orange (minor)
- musk (minor)
- patchouli (minor)
- cinnamon (trace)

Add tiger's eye or ruby to bottle. (Herbs and roots can be used to color the oil, if an all-natural product is desired. This list is from Jeanne Rose's "Herbs and Things": Orange Dye: annatto, gamboge or marigold.)

Lughnasadh candle for ritual here is the oil recipe you need by Stregga:

- 1 part sunflower oil
- 1 part hazelnut oil
- 1 part heliotrope oil
- 1 part fir oil
- 1 part basil oil
- 1 part rose oil

Mix in bottle. Anoint on altar and candles.

Lughnasadh Ritual with Corn

We are celebrating our first harvest of the season August 1st. I thought it would be nice to share something very special you can do to give back to Mother Earth and put your intentions out into the Universe.

Get one ear of corn with the husk still on it. Light a candle, play music but most of all go outside. Peel away the husk and keep them. Take a few kernels of corn off

and reflect on the things that you need the most. It could be an item, task, help from someone, etc. Once you have done this wrap the kernels in a husk. Then again, take a few more kernels off the cob and think about the things you have wanted to give birth too. A project you have been thinking of starting or some creativity that is arising in you. Once you have done so then wrap the kernels in another husk. Take these husk and lay them somewhere on the ground where they will not be bothered as an offering to Mother Earth for your needs. Thank her for all she has given us.

Lughnasadh Ritual 8-8-15 written by Wolf Woman Ways aka Alice Dilts

Items needed: broom, sage, sweetgrass, abalone shell, feather fan, flame, staff, and altar, candles in green, yellow, red, and blue, purple. Items to represent each of the elements placed on the altar (dish of salt, bell, candle, water) item to represent for Lord and Lady, Golden Lion Anointing Oil, corn husk, pen, cauldron, orange candle for Lord and Lady, bread/crackers, apple cider, offering plate and chalice

To prepare properly for the ritual, be sure to take a cleansing purifying bath using herbs and crystals or spray self with Grounding Mist spray.

Prepare the Circle: Sweep negative energy out widdershins (counter clockwise) with broom. State that intent with every sweep. Then start to Sage deosil (clockwise) with sage and sweet grass stating the intent to draw positive energy in.

Casting the Circle: visualize white light coming from sky above and then use the staff to mark the circle walking deosil (clockwise) three times (once for protection, once for focus, and once for power) the white light increasing to cover the sacred space.

Calling the Watchtowers: As each Watchtower is welcomed, light the candle.

Welcome Watchtowers of the North, of Earth.

I ask that you bring your gifts of patience, endurance, stability, and prosperity to this circle.

Welcome Watchtowers of the East, of Air.

I ask that you bring your gifts of wisdom, intellect, perception, and inspiration to this circle.

Welcome Watchtowers of the South, of Fire.

I ask that you bring your gifts of passion, strength, energy, and will power to this circle.

Welcome Watchtowers of the West, of Water.

I ask that you bring your gifts of emotion, pleasure, fertility, and receptivity to this circle.

Welcome Watchtowers of the Centre, of Spirit.

I ask that you bring guidance to this circle.

Ritual:

Anoint self with Golden Lion oil

Light the orange candle while saying:

“On this first day of August, I light a candle to celebrate the harvest.

As the wheel of the year turns and the days start to grow shorter, I honor the Lord and Lady and thank them for the blessings and prosperity they have brought to me this year.”

(Take bite of bread and offer to Lord and Lady on a plate, take sip of apple cider and offer to them)

“I honor those who came before me, and all things living on this earth.”

Think of a trait you wish to change in yourself and write it on a piece of corn husk, after reciting spell, put in cauldron and burn it.

“With this pen, I ask for guidance,

To remain heart centered in the Light,

And as the husk burns away that which I released to change.”

Releasing the Watchtowers:

Watchtowers of the Centre, of Spirit.

Thank you for the gifts that you have brought to this circle.

Stay if you will; go if you must.

Hail and Farewell!

Watchtowers of the West, of Water.

Thank you for the gifts that you have brought to this circle.

Stay if you will; go if you must.

Hail and Farewell!

Watchtowers of the South, of Fire.

Thank you for the gifts that you have brought to this circle.

Stay if you will; go if you must.

Hail and Farewell!

Watchtowers of the East, of Air.

Thank you for the gifts that you have brought to this circle.

Stay if you will; go if you must.

Hail and Farewell!

Watchtowers of the North, of Earth.

Thank you for the gifts that you have brought to this circle.

Stay if you will; go if you must.

Hail and Farewell!